



2017 NZHEA practice exam AS 90975: Assessment Schedule

Judgement Statement

Achievement	Achievement with Merit	Achievement with Excellence
<p>Demonstrate understanding of issues to make health-enhancing decisions in drug-related situations.</p> <p>Demonstrate <i>understanding</i> means to describe the issues and to make a health-enhancing decision in a drug-related situation.</p>	<p>Demonstrate in-depth understanding of issues to make health-enhancing decisions in drug-related situations.</p> <p>Demonstrate <i>in-depth understanding</i> means to explain the issues by giving reasons for the drug-related situation presented by the issue, and to make and justify a health-enhancing decision in a drug-related situation.</p>	<p>Demonstrate comprehensive understanding of issues to make health-enhancing decisions in drug-related situations.</p> <p>Demonstrate <i>comprehensive understanding</i> means to critically explain the drug-related issues (thoughtful links to underlying concepts), and to make and justify, with insight, health-enhancing decisions in drug-related situations.</p>

			Achievement		Merit		Excellence	
N0	N1	N2	A3	A4	M5	M6	E7	E8
No response; no relevant evidence.	Some answers not attempted or very brief answers.	Some relevant answers, but insufficient evidence for Achievement.	TWO responses at Achievement level from (a) to (c) including (b iii) and/or (c iii).	THREE responses at Achievement level from (a) to (c).	TWO responses at Merit level from (a) to (c) including (b iii) and/or (c iii).	THREE responses at Merit level from (a) to (c).	TWO responses at Excellence level from (a) to (c) including (b iii) and/or (c iii).	THREE responses at Excellence level from (a) to (c).

Evidence statement

Question	Possible <i>partial</i> evidence (not limited to these examples)
<p>(a)</p> <p>(i)</p> <p>(ii)</p> <p>(iii)</p>	<p><i>Explain a personal, interpersonal and societal factor that has contributed to Pita's parents' decision to give up smoking.</i></p> <ul style="list-style-type: none"> • A personal influence is that they want to quit.... • An interpersonal influence is Pita, who has been encouraging them to quit, because they now know they will be doing something that is healthier for the whole family... • Societally, the price increase in the tax on cigarettes has been a major influence on them to quit. This is because.... <p><i>Explain the short-term and long-term benefits quitting smoking will have for well-being of Pita's whānau.</i></p> <ul style="list-style-type: none"> -Less chance of long-term illness such as lung damage, cancer... -More money in the household short-term which if saved in the long-term could mean a family holiday... -Less stress for Pita knowing that his parents have made a health-enhancing decision and they no longer have to worry about the effects of second-hand smoke on other family members... -Feelings of self-esteem and self-confidence if they manage to give up... <p><i>Explain the benefits to the well-being of communities and New Zealand society if more whānau like Pita's were to quit smoking.</i></p> <ul style="list-style-type: none"> -Young people will grow up in smokefree households and communities... -Less strain on the healthcare system from smoking-related illnesses... -Fewer children are exposed to role models in their family who smoke... -Culture change (as has already begun to happen) where smoking is not a valued part of NZ culture...
<p>(b)</p> <p>(i)</p>	<p><i>Explain possible effects of using cannabis for the well-being of Ana and others in this situation. Consider how these effects on well-being are connected.</i></p> <p>The teenagers could get in trouble with parents or the law if caught. This has social impacts and may interfere with their current lives and future plans... they could feel angry with themselves and with Casey for providing the drug which could impact on their friendship... loss of trust from their parents.... Make them question their values and lower their self-esteem...</p>

<p>(ii)</p>	<p><i>Explain the possible short and long term impact on Casey's well-being if she was caught using or in possession cannabis.</i> Casey's social well-being may be affected in a number of ways. She will get in trouble with a variety of people, including with police, which might have long-term consequences for her. She is likely to disappoint her family, and lose friends over it, as her friends' parents wouldn't want her associating with their children. Her school attendance and achievement may also suffer. All of this will negatively affect her mental and emotional well-being, as she will feel guilty, anxious, lonely and stressed. This might then impact on her physical well-being...</p>
<p>(iii)</p>	<p><i>Rather than giving into the pressure to use cannabis, identify and justify a more health-enhancing decision that Ana can make in this situation.</i></p> <p>Ana could be assertive with her friends and tell them, using a technique like DESC, that she is not interested in using the cannabis... this will ensure that Ana stays out of trouble and may encourage any of the others who are not really into it to not do it either... this means that...</p>
<p>(c)</p>	<p>(i) <i>Identify ONE way that school rules and/or the law may have been broken in this situation.</i> -No alcohol at school or at school events (parent or student)</p> <p>(ii) <i>Explain possible consequences for the well-being of Paul and Sally, and parents in the school community, as a result of their behaviour on camp.</i> This could reflect badly on parents in the school community, who might be looked down on for bringing alcohol to school camps (or drinking when supervising students at camp), or have trust lost in them. This might make it more difficult to attract parent helpers to camp in the future, thus the danger is that less camps are offered to the students. Paul and Sally are likely to experience negative effects for their social well-being. They may be looked down upon as well...</p> <p>(iii) Three options: -Paul and Sally are stood down from school -Nothing is done -The Outdoor Education teacher is told s/he can no longer organise camp.</p> <p>Possible consequences: -This sends a message to other students that this is not acceptable, provides a punishment for Paul and Sally, but does not compromise their schooling long-term. -The message is sent that students (and parents) can get away with this sort of behaviour on camp, so it will likely happen again -This will limit the outdoor experiences on offer to the class and future classes, and may even lead to the subject being compromised at the school.</p> <p>Feelings: -Paul and Sally will feel remorseful... the teacher will feel relieved that s/he was backed up by the principal... -Paul, Sally and Sally's father will feel relieved that they got away... the teacher will feel disappointed... - This will cause disappointment to the class...</p>

Health-enhancing decision:

-Option one. This provides Paul and Sally a meaningful consequence to their actions, and will be something that they can learn from. This also enhances others' well-being as they are not assigned the blame, which will make it easier for Paul and Sally to front up to the class and other students when their stand down is over....

Future action:

As stated in the resource, a clear policy is needed for alcohol at school and school events. This will outline...