



Hauora Matters

Online magazine of the
New Zealand Health Education Association

Term 4 2017

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He oranga ngākau. He pikinga waiora.

Positive feelings in your heart will raise your sense of self-worth.

Dear members,

Thank you for your support of, and involvement with, NZHEA in 2017. It has been a busy year for the association, as we are sure it has been for you as well. We would like to thank Gina for the work she does for NZHEA in keeping our membership and financial systems robust, and Debbie, for her leadership in her kaiārahi role.

In the interests of thinking ahead to next year, we would like to let you know about several PLD opportunities in 2018:

We are excited to have begun planning our TRCC course for 1-3 October 2018 in Auckland. The course is called '**Empowering Health Education**' and it will offer an opportunity to engage in a programme full of health education. The course will be interactive, with the overall aim of enhancing teaching practice, and will be a fantastic opportunity to network with health educators. Watch out for further details in the New Year. As a heads up though, TRCC will fund travel costs (airfares/mileage) for the first 40 out-of-town teachers to register. The course will offer a full programme for teachers at primary and secondary level, with four PLD/workstreams offered in most time slots across the three days.

Critical Health Education Studies (CHESS). This is in Queenstown in May. It is more an academic conference, and the range of internationally renowned health education scholars who are speaking is impressive. For more information, see: <https://www.crithealhstud.org/>

Our **Networks of Expertise** project continues in 2018:

Six workshops across Aotearoa in March for primary school (year 0-8) teachers. See the PLD section of our website for the workshop flyer, which has all the details. We are developing a teaching and learning resource for mental health (year 11-13). This will be modelled on our Alcohol and Drug resource that was published earlier this year. Resources from the workshops and those developed by Debbie as part of her kaiārahi role will be available on our website in 2018.

We anticipate continuing our involvement with the **PENZ** conference in 2018. This is in Dunedin, 9-11 July.

All the best for a safe and restful break,
The NZHEA executive.

Message from our kaiārahi

Tēnā koutou

Thank you to all the teachers I have touched base with so far. My first few months in the role of kaiārahi for NZHEA have been busy but fantastic. It has been great to meet and hear from many members of the association. I have enjoyed our conversations about health education pedagogy, hearing about approaches to learning and problem solving with you.

The NZHEA Secondary Group on Facebook has been a valuable tool for collaboration this year. It has been a place that has allowed teachers across Aotearoa to come together and share ideas, questions and advice. A big shout out to all those who have contributed to this page.

Membership renewal details will be sent out early next year. Remember the membership caters for all of your department members. Please let us know if you have changes to the email contacts we hold on our database by emailing Gina at admin@healtheducation.org.nz

External NCEA Exams

Please submit any feedback you may have around the external exams for 2017.

The link to submit feedback to NZQA on external exams is: <http://www.nzqa.govt.nz/audience-pages/secondary-schools-and-teachers/exam-surveys/>

The 2018 assessment specifications are now online - check these at <http://www.nzqa.govt.nz/health>

Health Promotion

Below is a link for "Health Ed". Health Ed is a catalogue of free health resources brought to you by the Health Promotion Agency (HPA) and the Ministry of Health. It has an events page which should be updated for 2018 shortly. These up and coming events may help link in with some of your Health Education programme.

<https://www.healthed.govt.nz/happenings>

Strengthening Te Reo Māori in your practice

Check out the following resources to build your confidence and skills:

<http://nzcurriculum.tki.org.nz/Curriculum-resources/NZC-Online-blog/Boost-your-use-of-te-reo-Maori>

<http://www.tetaurawhiri.govt.nz/assets/LanguageResources/Give-it-a-Go-book-red.pdf>

<https://thespinoff.co.nz/featured/12-09-2017/where-to-learn-te-reo-maori-anywhere-in-aotearoa-for-free-or-next-to-nothing/>

I wish you all a safe and happy festive season with your friends and families and I hope that you return in 2018 refreshed for another exciting year in Health Education.

Meri Kirihimete,

Debbie Jones

Kaiārahi – Health Education